SPECIAL COMMENTARY: Guilt Trips about Our Duties To God and Following His Divine Will

By a soul

(Began on November 8, 2018, Feast of Our Lady of Belle Fontaine) (Finished on November 18, 2018, The Rosary Virgin of Chiquinquira, Columbia)



This commentary is a partial response for a blog follower of *MaryRefugeOfHolyLove*, who asked for my advice, as well as some additional reflections by me (a soul). My hope is that it will help many people, especially, in clearing up satan's confusion about many matters and, hopefully, bring peace to people seeking to understand and follow God's Will.

Recently, on November 5, 2018, at **Holy Love Ministries** (http://www.holylove.org), Papa God said these words:

"Whatever the heart believes in, is spilled out into the world around him. The soul who accepts My Will is protecting his heart from extremism. He will not become radical in thought, word or deed. My Will desires to protect the boundaries of your heart. If you allow it to be so, you will not be misled by liberalism – your life will be a reflection of My Will. Do not seek to impress others, seek to please Me. Stand as an example of obedience to My Divine Will – My Commandments. This is your defense in any attack or challenge – then the borders of your heart will be protected from any onslaught from the enemy."

I offer the recent heavenly message above because this commentary will speak about many things related to it. I suggest that people read the message both before and after reading the content of this commentary for further illumination.

I will tell you all, but in 2003, when I learned about the Marian apparitions at Garabandal, Spain, and returned to the Catholic faith, my heart was on fire with the love of God and reaching out to everyone that I could to evangelize the Gospel to them. I would speak about my love of God and so many things about the Catholic faith. Then, I would tell them about the Comet of the Great Warning (Illumination of Conscience), and well, I have very good family and friends, so they would graciously humor me, but honestly, I learned over time that there is a right way and a wrong way to evangelize Jesus to others. And I learned that my first method of "bopping" people over the head with Jesus was not it.

Yes, Our Lord, Jesus Christ, and the Blessed Mother desire us to share Their heavenly messages with others and about the Comet of The Warning, but often evangelizing turns into arguments on faith that are futile. In the **Book of Truth** given to **7**th **Messenger**, **Maria Divine Mercy**, Jesus tells that He desires His people to share His messages, which can be explained with passion to others if you like, but that we must respect free-will of people and not argue with them. There is an expression in English that describes this: "you can lead a thirsty horse to water, but you cannot force him to drink."

In essence then, Our Lord desires that we plant seeds among His people, but we must allow grace to take hold for our seeds to grow. Yes, we need to introduce the heavenly messages to people, but then we need to simply step back and allow grace to act. At the Warning, people will remember your act of grace for them, which then grow like a beautiful flower of faith for them afterwards. Trust in in God for this future grace of conversion for your loved ones, but please recognize that people must be told ahead of time to prepare them for that future grace to become fruitful in their lives.

And so, what is the best method to evangelize? I have found that the best method is through creating and offering them business cards. One day, I created some business cards with an image of the rosary and the words "Jesus, I trust in You." Also, on the front of the card was a few Catholic websites that I felt would help people at The Warning (I did not have my blog, *MaryRefugeOfHolyLove*, at that time, otherwise, my blog would have been prominently displayed on the card). Finally, on the backside of the card, was a simple prayer to God to bless those who had the business card at The Warning.

Now, because I was riding the bus everyday to work, I knew that it was a matter of trust for me, as I felt the call to evangelize to strangers that I was seeing everywhere during my daily commute. So, I did this. While I was waiting at the bus stop or sitting on the bus, I would pray to the Holy Spirit for guidance, then I would approach people that I felt needed the card. I would extend my business card to them and I would say to them, "this is a gift for you, God bless you." And when I gave them the card, 99% of the people would accept the card. First, they would look at the business card, then they

would smile, and most would slip it into their wallets and purses right away. Most of the time, the business card would open a very nice, friendly conversation between them and me about Jesus and Christianity. Only once, did I have a really negative reaction, which really was not that bad. It opened up a nice conversation between myself and an atheist. We talked about science and faith and I treated him very kindly. We did not argue and I walked away from the experience still having peace in my heart, simply knowing that he would remember our conversation at The Warning and it would be a grace of conversion for him. I did this type of evangelization for over a year while riding the bus. And I firmly believe that business cards is the best method for evangelizing heavenly messages today.

Now, the thought has been impressed upon my heart that many people are overwhelmed with refuge building and preparing for the future unveiling of prophesied events. Especially, as things seem to becoming worse and worse—the overt attacks by satan and the forces of evil in the world. God desires that His children continue to have peace in their hearts. God knows that we are not "superhuman" but Is very practical in knowing the needs of His children. Do what you can and He will supply the rest by grace.

For instance, many followers of this blog, *MaryRefugeOfHolyLove*, know that there are many different heavenly methods on how to create a holy refuge in our homes and places of worship. For example, there is the Seal of the Living God (Book of Truth – Maria Divine Mercy), consecration prayer given to Prophet John Leary, home protection kit from the Apostolate of the Green Scapular, the Representation of the Holy Family given by God the Father, the Divine Mercy Image of Jesus, etc. (See: https://maryrefugeofholylove.com/refuges) I know that this fact may confuse people, but the reason that there are so many ways to protect oneself and property is because God Is trying to save everyone in the world and if there was only one method by a single chosen messenger, not everyone may hear of this opportunity of grace for themselves and their loved ones.

No method of creating our homes or land for a refuge is solely the best or perfect—all the means provided by different chosen messengers are all equally as good and if you can do more than one method, all the better, but if you only choose one, be pleased with having the means to do it. God will honor what you can do for His Glory and the salvation of your loved ones. And please remember this simple truth which should bring peace to everyone—if you cannot do or finish everything, the holy angels will do the rest when the time comes. Give honor to God by trying your best, but remaining in peace, trusting that He will fulfill all our needs when the time comes.

Now, I need to speak about primary and secondary and special missions. Everyone has a primary mission and for each of us this primary mission is the same. The primary mission of every person living on earth is to love God. Then, when we are baptized, Our

Lord, Jesus Christ, will assign a secondary mission to every Christian so as to build up His Body in the Christian Church on earth. Then, as we go through life as Christians, it is up to us to build up our faith as we discover what our secondary mission in life is from God. A secondary mission which will lead us to discover our ultimate happiness and purpose in God's Divine Plan. And then, special missions will be given to people to fulfill related to their secondary and primary missions from God. So, for example, for people, their secondary mission is to become either a parent raising a family or a religious vocation as a priest, nun, consecrated laity, etc. Then, people will be given special missions such as to be a theologian, prophet, build a refuge, etc. There are lots of different special missions related to building up the Body of Christ.

Now, this is an important lesson to learn. If you have a special mission from God, it is not of equal importance as your primary and secondary missions from God. And so, let's take me for example. My primary mission is to love God and my secondary mission is be a consecrated holy person (which means "set aside") for God's purposes as a single lay woman, which I learned after many years of discernment. Then, God has given me a special mission, which I have discovered that having this blog, *MaryRefugeOfHolyLove*, is part of.

Well, after I attended the July 2018 healing conference hosted by the **Apostolate of the Green Scapular (https://greenscapular.org)**—which was a totally wonderful blessing for me, I began to become overwhelmed by many things. I do not usually read or watch much media, but when the sodomy scandals were starting to break in the Catholic Church, I watched and read much Catholic online media and it literally "shell-shocked" me so much, being exposed by all this negative press. I mean, my internal joy was being sapped. Then, I lost a very close friendship that meant a lot to me. I opened up about some very private things and I was not believed. And so, I was literally crying everyday for over a month over the loss of this dear friend from my childhood. Then, this Fall, I have been traveling a lot on family trips, and well, all of these circumstances really affected me and my relationship with God. I was having a difficult time maintaining the blog on a daily basis, because my faith was so disrupted. I was feeling like a failure before God.

So, what happened? God pulled the plug on my special mission and I did not have access to my computer for a week. I also do not use a cell phone and I do not have a television, so no internet or outside media exposure—it was like being off-grid sort-of but I still had the refrigerator, etc. So, what did I do? I focused on my relationship with God and spent the entire week doing extra chores around the house. I was sweeping and cleaning out all sorts of stuff in the house. And I was praying and singing to God all the time while I had all of this offline time. At first, I thought to myself, *oh*, *no*, *what will happen to the blog*, *MaryRefugeOfHolyLove*, *if I do not post anything? People are depending on me for the daily messages*, *etc.* But, then I realized that was my pride

speaking, because, *guess what*, the whole world does not revolve around me, no matter, how important my special mission is to God (yes, beat the pride out of me satan).

Then, after a week, I was able to access my computer again, and the first heavenly message that I read at **Holy Love Ministries** was the message of September 29, 2018, and well, I learned an important lesson. I learned that my primary mission to love God is always more important than any other special mission that has been given to me—no matter what the special mission may be. The peace of my soul was restored; and I came back rejuvenated and energized for working on this blog and I have been able to write commentaries again.

September 29, 2018 Feast of the Archangels - St. Michael, St. Gabriel and St. Raphael

Once again, I (Maureen) see a Great Flame that I have come to know as the Heart of God the Father. He says:

"I am cleaning up and sweeping out the household of the heart of the world. In so doing, mankind will readily discern what is good and what is evil. He will see My Will and accept it readily. This chore will not be complete until I return to earth in the Heart of My Son. It is then that My Kingdom on earth will be established. I will share My Son's Victory, as too, will His Holy Mother.* We are united in purpose and in My Will."

"Do not get caught up in the debris I am sweeping away. Separating good from evil is often painful. People you entrusted to stand up for good, such as elected officials, become part of the useless debris I must sweep away by exposing their errors. Trust that I will see you through every challenge. All of this is necessary to the building up of My Kingdom on earth. Sweet and complete will be My Victory. Entrust your hearts to Me."

Read Luke 12:29-31: And do not seek what you are to eat and what you are to drink, nor be of anxious mind. For all the nations of the world seek these things; and your Father knows that you need them. Instead, seek his kingdom, and these things shall be yours as well.

Your ultimate duty to God is to become best friends with Papa God, Jesus, the Holy Spirit, and the Blessed Mother. Why do I say this? Because that is the true definition of holiness and your ultimate heavenly joy that God invites you to experience living on earth. And the more holy you become—the closer in friendship to God—the more

^{*} Blessed Virgin Mary.

powerful your prayers become. This is ultimately what sainthood is—intimate friendship with God. And when your prayers become more powerful with God, you can literally move mountains.

Yes, you should prepare physically when times will get difficult as God urges, but it is more important to prepare your hearts to be right with God. Why? Because all things are possible to God. If you have very little food during the time of famine, but have a deep faith then you will not worry, because through prayer, God will multiply what you have and provide what you lack. Remember, the story in Sacred Scripture of Prophet Elijah and the poor widow. Elijah prayed to God everyday for one year during a famine and food was multiplied to provide for himself, the poor widow and her son. So, the lesson is to develop a deep faith so God can perform the impossible through you when the time comes.

Next point on holiness and guilt trips on prayer. Unless you are under obedience of a religious vow, thus obligating yourself by free-will choice to God to praying some form of the Divine Office each day—please know that all forms of prayer are pleasing to God, but He needs for you to pray to Him everyday. If you do not pray to God daily then your relationship with Him will whittle away and eventually die.

But, what is prayer? At its heart, prayer means conversation with God. Prayer means talking to God. And we all know that communication is basic to maintaining any relationship. Thus, you need to talk to God everyday or your relationship with Him will falter. Prayer is important.

Now, I need to speak about invitations to prayer. There are all types of beautiful heavenly prayers that have been given to us to pray. These prayers include the Most Holy Rosary, the Divine Mercy Chaplet, the **Crusade of Prayers** given to **7**th **Messenger, Maria Divine Mercy**, the many beautiful prayers at **Holy Love Ministries**, and the **Most Precious Blood Devotions** given to **Barnabs Nwoye** (http://www.preciousbloodinternational.com/index.html), etc. Now, I have shared this before, but I have great difficulty with praying the Most Holy Rosary, but I can sing for hours on end, because I enjoy simply spending time in this way with *My Love*, Jesus. In truth, I have been writing this commentary over several hours simply playing and singing over and over again one single Christian song ("Need You Now" by Plumb). In fact, I used to annoy my family, because I sing over and over one song to God for several hours so much, but I won that battle over many years (I know that *My Love* is laughing at this).

I share this, because someday, many Protestant Christians are going to be freaking out after the Great Warning (Illumination of Conscience) happens, because they do not know how to pray the Hail Mary to the Blessed Mother and because they have no

devotion to Our Queen, etc. I want you all to know that the Blessed Mother once made this statement at **Holy Love Ministries:** "Today, I tell you, many Protestants have stronger faith and love of God than many cradle Catholics" (Our Lady of Guadalupe, December 12, 2016). My dearly beloved brothers and sisters, you are all OK in your prayer life and loved by Our Blessed Mother. Simply love Her back by remembering to include Her and your heavenly family (Communion of Saints) in your prayers, etc. Myself? I simply offer all my prayers for the intentions of Our Blessed Queen, then I sing my heart out, etc. An occasional, "I love you, Blessed Mother," is good, too.

All prayer is pleasing to God. If you cannot "converse" to God through the Most Holy Rosary, then sing to God, or talk simply to Him, God would rather have you talk to Him heart-to-heart as your Best Friend then hear a sterile Rosary said as quickly as possible to "fulfill" our daily "obligation" of prayer to Him as Catholics. People tend to forget why the Rosary was given in the first place—the purpose of the Rosary is to help oneself become closer into intimate friendship with God. Myself? Yes, I am terrible at praying a 5-decade Rosary by myself (love group rosaries though), which most people pray in fifteen minutes (which I think is too fast). However, I can sing ten Hail Marys with my children's worship songs in thirty minutes, which I do, because I enjoy praising God in song so much. The Blessed Mother needs people to pray from the heart and not counting beads. Praying from the heart every prayer said to God is what matters and counts. Remember, God and the Blessed Mother are your closest friends. Talk to Them with feeling in your heart in whatever prayer method that you use—Most Holy Rosary or not. Make every word count by praying every word with deep love and affection for Them for Who They Are to you—Your Family.

(And if you do not know how to pray with love in your heart to God using the Rosary, I have a simple prayer for you to do. Just say, "I love You, Jesus," over and over again, using your Rosary beads, dedicating all your prayers to the Blessed Mother's intentions.

Trust me, the "I love You, Jesus," prayer works. I suggest this prayer method for everyone who does not know how to pray or is starting to learn, especially after the Great Warning (Illumination of Conscience) happens, etc. God Is very simple in His needs from us. He craves our love).

Now, sometimes, people will tell me that they are receiving locutions or know someone receiving heavenly messages. I do not pass judgment on such people, because, truly, for me to know, I would have to pray and discern much over each such message and that is time-consuming. Sometimes, it has taken me years to discern and test the spirits to determine whether a chosen messenger is credible or not. I simply cannot do this for every situation brought to my attention. However, I want to share some personal things to help people out in their discernment of spirits.

As I have shared publicly on this blog, MaryRefugeOfHolyLove, and as I have written

in my *Memoir* ebook, I suffer from a severe mental illness. When I returned to the Catholic faith in my final year of graduate school, satan was brutal with me and my mind. I was diagnosed with schizophrenia and have been hospitalized a few times with insanity over the years. However, I consider my schizophrenia to be my true blessing from God.

Why? Because, you must understand, without my intimate experiences with schizophrenia, I would not be so knowledgeable about satan and his enhanced heightened powers over the human mind. Truly, I have battled satan in ways that most of mankind cannot even begin to fathom or relate to and I simply cannot explain or describe in words. But, in the **Book of Truth** given to **7th Messenger, Maria Divine Mercy,** Jesus speaks about how given the opportunity, two devils can easily make any normally sane person become completely mad within a short amount of time. Truly, I say this with all profound seriousness—hell is not just physical tortures, but the lost souls in hell experience complete mental insanity all the time made even more tortuous by devils and their powers unknown by mankind.

I have learned these things (and am continually learning this) by being put through the fire many times of false discernment due to my own human stupidity, gullibility, and weakness. (*Trust me, I have been made a fool many times by satan*). That is why I indicate in my writings that I do not claim perfect discernment and I recognize that I could never be a locutionist. I know how easily satan can manipulate the mind and would question too much the source of the heavenly messages. So, God and Heaven do not speak with me in verbatim messages to write down, but through other types of graces.

And truly, I have gone through many years of simply hearing demonic voices all the time, while I developed my faith and privately discerning heavenly messages from different chosen messengers to believe in. In truth, it is only a recent phenomenon for me, that I am able to experience more special graces of Heaven on a constant basis, but I had to be tested and worn through many years of experiencing the demonic first. Of course, I still experience spiritual warfare, but as I have advanced in my faith, so, too, has satan in his ways of tempting me. he is very clever and highly intelligent—far superior in intellect than any human soul.

satan is always present when there is a true heavenly intervention, such as an apparition or locution, etc., taking place, and when given the opportunity, he will try his hardest to interfere with it. But, prayer provides a protective-shield. Just as everyone always has his guardian angel present to him, satan has assigned a dark angel to every person living on earth and they constantly battle each other over your soul and eternal salvation every moment. However, the closer you are to God and following His Divine Will, the more protective graces are available to you through your guardian angel.

Now, I do not want to scare people, but I must witness this truth with all profound seriousness—satan can literally plant words in your head, which you may think are your own thoughts or a communication from God, but they are not. I know this, because one of the distressing things early on about my mental illness was a situation which happened to me over the course of several months. Wherever I went—at home, work, etc., demons kept saying things in hatred to me in my head, then a few moments later, the words of the demons would be said exactly word-for-word out-loud by people in my presence. Then, the demons would laugh with much spiteful hatred in my head as they demonstrated their manipulative and persuasive power over others—especially, those who subjected them to control of demons by grave or serious sin on their souls.

It was actually a very distressing and disturbing experience for me to be subject to over and over, as I witnessed my own family, my loved ones, my co-workers, strangers, being thought manipulated by satan. But, this honestly happened to me and it would make me tearful as the demons laughed. Truly, people, even Christians, do not fully realize the constant battle that is being waged every present moment on earth for every soul. Simply put, the more unconfessed sins on a person's soul, the more a person can be subject to thought manipulation by devils.

That is why following the Ten Commandments of God and His Holy Word are so vitally important and Papa God stresses it so much at **Holy Love Ministries.** The more you shed worldly thoughts, ideas, concepts, theories, and beliefs, by strictly following the Ten Commandments and Biblical principles, the purer your thoughts will become and you will become a holy receptacle that is able to receive graces of true communication from God. Worldly ideas and behaviors are blocks to God's channel of His graces, because any sin—anything that is contrary to God's Will—on your soul dampens hearing His Voice.

Think of your soul as being covered by a protective shield of glass. The dirtier the glass with various sins, the harder it is for God's Light—His Grace—to shine through to your soul. This is why everyone must pray for the gift of discernment and holy wisdom in discerning the difference between good and evil, as well as often go to Confession. It is especially necessary today, because the world is filled with so many demons released from hell (due to abortion, etc.), and the constant struggle over souls who are hearing and acting on dark thoughts. God is trying to speak to everyone, but there is an intense fog on most people's souls—all these sins are causing spiritual blindness to varying degrees in every person. The Blessed Mother once said that even the most holiest person on earth is affected and touched by evil in some way. satan, his devils, and grave sins are rampant and everywhere.

People must understand this fact. So many people are cheating themselves out of

special graces and intimate friendship with God. How? They question God's Will in their thoughts, words, deeds, and behavior. What is God's Will? It is following the Ten Commandments and Biblical principles. I am not joking when I say this, but the more that you become "fundamental" and "simple" in your beliefs and behavior, even matters such as your clothing attire and daily speech, the closer you will become in your relationship with God and knowing His Divine Will for you. God does not want to hide from any person, but simply put, sins are a block to Him demonstrating His deep love for most people in their daily walk in life. Why? Because your unconfessed sins are saying to God, *essentially*, that you prefer to follow your self-will and not the Lord in your life. So, God respects your free-will choices. (Please also see my Commentary – The Reason Why Many People Have Difficulty With Their Prayers Being Answered By God https://maryrefugeofholylove.com/2018/07/05/special-commentary-the-reason-why-many-people-have-difficulty-with-their-prayers-being-answered-by-god-by-a-soul/) I share this heavenly message from Locutions To The World:

October 29, 2011

MARY

"In the world there is always movement. Things are always changing. One thing fades and another comes into prominence, like a show on a stage which moves from one act to the next. Yet, man does not perceive. Each scene leaves behind its effects. This is what I want to describe."

"People forget the way the world used to be, how people obeyed God and lived in his light. This was the Age of Faith, when God's law formed the culture. Then, one thing after another came onto the stage. Need I list them? Divorce, contraception, abortion, homosexuality, in vitro fertilization, Playboy Magazine, Viagra. The list goes on and on. Fashions change and modesty is thrown away like an unwanted coin. These did not come overnight. Each one appeared slowly on the scene, one after another. What will come next? You can see what I mean. What people would never accept if introduced quickly, they gradually accept as it is presented to them little by little. Life is forever changed because they forget the way life should be. Now, all these forces are released in society and children who are born come into quite a different world, a darker world, a world filled with darkness that did not exist before."

"How can this society be purified? Anyone who preaches is called radical, a fundamentalist. Let it be known, I am the deepest of fundamentalists. I see clearly the will of the Father. I see how he views all these changes that have moved mankind away from his law. I see the total disregard for the Lord's Day. I see the scourge that has happened to your children by the introduction of drugs and pornography. I see and I

speak so you might see. Open your eyes to what has happened to America! Look at your children. Are they the same as you or has society stole them from you and erased their religious values? Do they see life as you see it? Is their faith as deep as your faith?"

"What can be done? See the situation for what it is. Awake from your blindness. Cleanse your home. Purify your family. Say to yourself, "My family and I will walk a different road. I will find other families who will walk with me. We will come together to foster the ancient truths and the former values." I will be with you on this long and arduous quest."

JESUS CHRIST

"Many persons and institutions are hollow, having no inner core of truth. A time of judgment, different for each one, will come. Those persons and institutions built upon a lie will be removed from office or they will collapse. They will be replaced by people of truth and by institutions built on truth. In this way, when decisions are made, the darkness will be put aside. These people and institutions of darkness, allow the powers of darkness to spread and grab hold. They see absolutely nothing wrong with the darkness. They even agree with the darkness. Because darkness is part of their agenda, they foster the darkness instead of removing it."

The next point that I need to make is this—it is fruitless for people to compare their spiritual journey and depth of holiness with others. Why? Because only God can rightly judge men's hearts. How does He judge them? By the amount of love for God and neighbor that each soul has throughout his life and, especially, at the moment of death. This is known as Holy Love and its true depth is only truly visible and known to God because Holy Love resides in the human heart.

Next related point is this—there will always be someone holier and more devoted in his faith than you. As I have deepened in my faith and have become more aware of my special mission given to me by the Lord, satan would often tempt me with comparing my spirituality with others. And I would become stressed out and anxious thinking to myself, My God, I am not a holy person and I do not know anything. I am not trained formally in the Catholic faith. I have no degree in theology and barely read Sacred Scripture. I do not pray the Most Holy Rosary or wear a brown scapular. I do not have regular set times for prayer. I do everything completely opposite to what a faithful Catholic is supposed to do. I would set the worst example for how to become a saint. And so forth.

But, I learned a profound lesson from those temptations. I learned that God does not

necessarily choose the best qualified and most talented person for any special mission. Rather, God chooses the person who is most likely to be faithful in carrying out His Divine Will in order to accomplish the mission given to him. For example, God foresaw that He would need a website one day when the internet became developed by mankind in order to more effectively share His heavenly messages with His beloved children around the world. Now, obviously, the best choice would be a website developed by His Beloved Catholic Church. But, foreseeing that might not happen by His Church, God gave the special mission of sharing His heavenly messages to some of His children on earth in the hopes that they would be faithful to Him in carrying out His desires.

Now, there exist a few websites that share heavenly messages as a compilation on the internet. My blog, MaryRefugeOfHolyLove, is one of them. Now, I am not saying that this blog is solely my special mission from God. I actually believe that my special mission is bigger than simply preparing this blog for the Glory of God. However, people need to understand that I am not the best qualified person to have a blog such as this one. I have no degree in computer science. I am actually not very tech-savvy, etc. But, God knew that I would have a heart for Him and that I would try my best to please Him by following His Divine Will. God knew that I would not be perfect in doing everything but He knew I would try. God does not expect perfection to be accomplished by His people—we are all inherently imperfect. But, God does need people who willingly try their best to please Him. Then, in return for faithfulness, God supplies the rest to those who trust in Him, because He Is the Perfect One—He makes the imperfect works by us perfect by grace in His Holy Eyes. And so, given missions are not dependent on being the best qualified or most talented person blessed by nature. Rather, Heaven makes its choices on who is likely to be most faithful in executing God's Will to accomplish that particular mission given by God.

I say these things, because people need to stop judging a book by its color. Yes, visible signs of perceived holiness in a chosen messenger's spirituality are helpful in discerning a body of heavenly messages. However, if God needs a message to be received by His people, well, He can make a donkey talk to give the message. (See: Holy Bible, Numbers 22:28). Think of chosen messengers of God as donkeys. Honestly, it is not necessary to know anything about a chosen messenger, because it is the information found in the heavenly message that is most important and not the spirituality or integrity of the messenger. I do not need to know anything about the holiness of a chosen messenger in order for me to properly discern whether a heavenly message is of God or satan. For example, in Sacred Scripture, God even used demoniacs (people possessed by satan) to deliver messages to the people. This is also witnessed in exorcisms where demons are forced to speak truths through their victims under the command of God. Are these messages made less valid because they were uttered by likely unholy people? No. And remember, Our Lord, Jesus, even said that if there was no man left to declare the Glory of God, well, the rocks would be made to cry out for God. (See: Holy Bible,

Gospel of Luke 19:40). Simply put, it is the messages that matter, not the messenger.

Now, remember, as I wrote in an earlier commentary, there exists such demons as "religion devils," which try to foster extremism in religious behavior. (See: Write-Up – Healing Conference hosted by Apostolate of the Green Scapular https://maryrefugeofholylove.com/2018/07/18/write-up-healing-conference-hosted-by-apostolate-of-the-green-scapular-held-july-13-15-2018-at-austin-texas/). These religion devils are the primary instigators of religious cults, radical Islam, pagan religions, the occult, and all the divisions in Judaism and Christianity, etc. So, if a person feels like they are being chosen as an instrument by God to deliver messages for others, please recognize that religion devils do exist and will try to interfere as much as possible with such a mission.

For example, if you are being asked to pray at all different times of the day and night, all sorts of various prayers, and to do all types of penances, well, I would question that spirit. Yes, we are called to "pray unceasingly" as St. Paul counsels us in Sacred Scripture, but let us examine this Biblical principle further. God invites us, but He does not force us to follow His Divine Will. But, hell never respects free-will. God knows that we need to sleep—He created us that way. But, God is not going to require us to do what is beyond humanly impossible and impractical for most of us.

Now, I might shock people when I say this, but I typically can go over 72 or more hours without any sleep. What do I do with all this time, especially, at night? I pray to God by singing songs to Him (and writing commentaries such as this one), etc. But, I did not start off my prayer life in this way—staying awake for 72 hours in prayer. But, again, what is the essence of prayer? Prayer is loving communication with God. Honestly, I first started with simply saying "I love You, Jesus" and praying for the different virtues of hope, faith, and love, as much as I could each day, while giving my day to the Blessed Mother's intentions. But, over time, as I fell deeper in love with God, as a natural result, I gave Him more of my free-time—because I simply wanted to spend time with Him praising Him in song. But, baby steps build up over time until you are not simply crawling or walking, but running in fullness of life towards God.

I share this, because this is one of the primary reasons, God is setting aside refuges in the world for the salvation of His people. His beloved children are asleep and need to be awakened. The children of God need to learn how to truly love Him. The children of God need to learn how to be holy—how to become His intimate friend which He desires to be with every person on living on earth. The refuges are the chosen means to help us to become living saints for God and set aside for His intentions. To divest us of so much of the garbage of worldliness that we all have on our souls.

And so, if you, or someone you know, seems to be receiving heavenly messages, the

first thing to recognize is that religion devils exist and will try to foster extremes in behavior and excessive demands asked of you and others. As I shared in a story in the previous commentary, a religion devil said to me to bow to Papa God during a certain point of the healing conference that I was attending. Well, that is a good thing to do, of course, to bow to Papa God. But, the religion devil kept repeating the command over and over expecting me to bow lower and lower to God in a way almost impossible for me. And that was when I realized in a profound way that religion devils exist and there was an especially annoying one leeched onto me. God Is the God of moderation and balance. He will never give you the impossible to do without the means to achieve it. Remember, temperance is a virtue. Religion devils act contrary to this virtue.

Also, regardless of whatever may be asked of you to do in any heavenly messages, if it starts affecting you in an unhealthy way—such as feeling excessive guilt because you are not following God's Will by completing tasks, you need to understand something important. There is a distinction between feeling sorrow over sin and feeling guilty over sin. If you have committed a sin and feel sorrow, then that is a holy feeling from your conscience indicating that you need to become right again with God. But, if you feel guilt over committing a sin, that is from the great accuser, satan, who rejoices over you being caught in sin and delights to make you feel miserable about it. Oftentimes, the distinction can be subtle and confusing between them, but if your feelings are overwhelming and agitating you so much by robbing you of your constant internal peace, then likely, it is the great accuser, satan.

Remember, your primary mission in life is to love God. And if you have been given a special mission, it is always of lesser, secondary importance to your primary mission to love God. The important thing is to learn to offer every task in life with deep love for God. For example, satan used to give me guilt trips about my writings. he would tempt me into thinking that my writings had to be perfect in all heavenly understanding, because I was responsible for the salvation of so many souls who were reading my commentaries. And I would think to myself, *My God, what if I write something wrong? What if I end up being mistaken? What if I lead souls astray by my writings? Maybe I should not write anything...*

But, do you know what I learned eventually? Again, I learned that I have a lot of pride. I learned that I am not perfect. I learned that I can make mistakes and, *guess what*, it is okay to make mistakes in understanding the ways of God and His Will. I am learning and growing all the time in my faith. I learned to disarm satan by doing this. Every time that satan would try to give me a guilt trip, I would pray to God and say, *Lord*, *I am not perfect*. I do not know everything, but I am doing this writing out of love for You. And if I have made a mistake in any way, well, Your Divine Plan Is So Great and So Awesome, You know everything, even all my mistakes, past, present, and future, in life. So, I give You this writing with love, trusting that You will account for any of my

mistakes and will make things correct in the end. I love You and I thank You for Your merciful compassion towards me. Amen.

And well, satan does not give me guilt trips anymore over my writings. Simply put, do everything out of love for God and you cannot go wrong. Never worry or feel anxious. Do not allow satan to rob your grace of joy and hope in God. Do not allow satan to rob the gift of peace meant for you from God in each present moment. Sometimes, the devils would scramble my thoughts so much, flooding my mind with so many simultaneous thoughts at once, I was going insane trying to figure out the truth. So, what did I learn to do? I learned how to praise God by focusing on each breath that I took. Instead of trying to regain control of my mind which was being manipulated by satan, I would simply lie on my bed for hours praising God for being alive and breathing. I was tortured by satan for almost a year in this manner.

St. Therese of Lisieux once said that everything is a grace. This is true. Grace is always with you. If, in satan's confusion you absolutely do not know what to do next and what God's Will is for you, well, in that present moment, you are alive and that is God's Will for you. Love God for that. In the end, it does not matter what you do for God, but how you do it that matters with God. Offer everything that you do—even, the little, seemingly inconsequential things of the day to God with love in your heart. This is how to fulfill St. Therese of Lisieux's devotional teachings on her "Little Way" to God.

When St. Thomas Aquinas appears to the visionary, Maureen, at **Holy Love Ministries**, he wears his priestly cassock which has many old-fashioned buttons on it. Twice, in heavenly messages, St. Thomas Aquinas commented about how he would fasten each button (which was difficult for him due to his portly built), with much love to Jesus in his heart. Now, St. Thomas Aquinas is the greatest theologian of the Catholic Church who is blessed with a brilliant mind and yet, he came down twice from Heaven to speak about fastening buttons. But, truly, this is a profound teaching. Those buttons were a grace. Like a Rosary, he prayed as he fastened each one. Those buttons were how he included his Beloved Jesus—his Best Friend—into his daily life.

There is so much that I could say on how to pray through the little happenings in life, but alas, it is not for this commentary. But, the most important concept to understand is that God Is always present to you. He does not go away from listening to you and attending to your needs simply because you are no longer praying the Holy Rosary, etc. He may not respond vocally to you, but He Is always available to you every moment.

Talk to Him like He Is Your Best Friend, because He really Is. Include Him actively throughout your day. Share your activities with Him. Jesus craves this love and attention from you. Yes, at first, it will feel "unnatural" to be talking to Jesus all the time and you will fear doing it because you will think that you look crazy. But, all negative

thought and doubts come from satan. And, I must ask you—what looks more crazy—talking to an inanimate cell phone all the time or openly sharing your thoughts with Jesus as you move throughout the day? At least with Jesus, you can be discrete and speak to Him softly. With a cell phone, most people are very obnoxious in their behavior. They are very loud and boastful. It seems like the whole world revolves around them and their very public conversation.

And if you say that, well, speaking to Jesus all the time, really is crazier than using a cell phone, well, here is my response. I have been already certified crazy by the world's standards. And I will tell you that being known as crazy is really not that bad. I would rather be known as crazy, but be in love with Jesus and know Him as My Best Friend, then live without Him and the love and joy that He places in my heart. Being made a public fool and humiliated for Jesus is actually very liberating. I do not worry about my reputation before others. And I can honestly say that I love Jesus with all my heart, all my mind, and all my soul. Giving the sufferings of your mind to God is a very difficult challenge for most people, because they are too attached to their intellects and reputations. I would never wish any person to have a mental illness, but for me, it has been a total blessing and a grace. I am blessed to be able to serve God in this way—to be able to testify about the workings of satan and his devils to others. I am grateful to God for all that I am.

Anyways, I want to conclude by making a brief comment again about God's Will. Many, many—numerous—times at **Holy Love Ministries**, Papa God, Jesus, and the Blessed Mother have spoken about God's Will. What have They said to us? God's Will is also Holy Love. They have told us that if you desire to follow God's Will, then one must follow Holy Love. But, it is not simply about supporting the Mission of Holy Love or reading the daily messages. To truly follow God's Will, which is Holy Love, then you must strive to become a living example of Holy Love in the world. What does this mean? This means actively striving to follow the path laid bare to us by Heaven at **Holy Love Ministries**—the Chambers of the United Hearts of Jesus and Mary. Everyone needs to diligently study the messages and enthusiastically apply the lessons to their lives so we can all become living saints—intimate friends of God. Holy Love is the best gift that you can give yourself and those whom you love. In true charity, introduce them to the heavenly messages and witness to them by your living example.

I love you all. Thank you for considering this writing.

God bless! —a soul

REFERENCE:

Holy Love Ministry http://www.holylove.org

March 25, 2007 Ecumenical Prayer for Unity Amongst All People

Jesus is here, all in white. He says:

"I am your Jesus, born Incarnate."

"Today, My brothers and sisters, you must realize that Satan is trying every inroad into your hearts to destroy your peace. He is the Father of Lies--the master deceiver and unrelenting accuser."

"The devil tries to rob you of the present moment through guilt, anxiety and worry. These three--guilt, anxiety and worry--are always the enemy's attack on your trustful surrender to the Divine Will of My Father. My Father's Will is Pure Mercy--Pure Love."

"When Satan is able to weaken your trust in the Divine Will, he strengthens his grip on your heart and weakens your journey into Holy and Divine Love."

"Today, My brothers and sisters, realize that there are many obstacles that can come between your heart and Mine. Your heart can be divided by love of the world, love of reputation, love of your appearance; but these, for certain, are the greatest weapons Satan uses--guilt, anxiety and worry. With these he destroys your trust and your love of Me and of the Divine Will. Therefore, stand guard over your heart and recognize his attacks."

"I'm blessing you with My Blessing of Divine Love."

December 12, 2016 Feast of Our Lady of Guadalupe – 3:00 P.M. Service

(This Message was given in multiple parts over several days.)

Blessed Mother is here* as Our Lady of Guadalupe. She says:

"Praise be to Jesus."

"This country is so fortunate that it is returning to its traditional values which it was founded on. In the Church, however, Traditions are slipping away and not stressed. This is being accomplished in an insidious way under the guise of bringing souls back to the

Faith. But what faith are they returning to? The Real Presence, sin and personal holiness are not stressed. The Commandments are not valued. Few there are who keep holy the Sabbath. Mass media supports every type of sinful behavior and is not challenged from the pulpit."

"When I appeared to Juan Diego centuries ago, the Protestant Reformation was underway. Today, I tell you, many Protestants have stronger faith and love of God than many cradle Catholics. My Image on the Tilma, which has not deteriorated, does not reflect the faith in hearts which has ebbed away."

"These things are generally not spoken of so as to save feelings and not make anyone uncomfortable. I come as your loving Mother during this age of confusion, to help you to recognize the Truth. There are two Churches in what is known as the Catholic Faith. One supports Tradition. The other confuses its followers by fringing on new rules and definitions, but not quite endorsing them. The time fast approaches when these two will be even more visible."

"Dear children, you have heard Me say often that what is in hearts then spills out into the world. Every evil is formed first in the heart. This is also true of good, as was proven in the most current presidential election. The people were tired of corruption, dishonesty and disordered control, and they chose otherwise. The good fruits of this will be apparent soon."

"I desire you understand the term 'globalization'. It means to unite and spread something worldwide. This is good if it is Holy Love, which I desire people be united in worldwide. However, there is an evil globalization being promoted by those of great influence these days. It would unite all governments and open the door to an Antichrist as the leader. I urge you to pray for discernment so that you are not tricked by false signs and promises."

"When you come here to this site you will receive the properties of discernment, which if put to good use, will help you to decide good over evil."

"Dear children, I come to you today as the Virgin of Guadalupe. I invite you to realize that every problem, every confusion and each situation is matched with God's Grace. It is up to the soul to cooperate with the graces given. The greatest of all graces is God's Mercy, which is offered at the last moment of every soul's life. The repentant heart should always have hope then."

"Dear children, once again, this evening I urge you to pray often for the welfare of your new administration. Those who oppose the changes that are in the works are not above criminal acts. I count on your prayers to bring My Protection upon the administration."

"I'm taking your petitions with Me to Heaven this evening and will place them on the Altar of My Son's Most Sacred Heart."

"To all here present, I'm extending My Blessing of Holy Love."

* The apparition site of Maranatha Spring and Shrine.